

*Curriculum Vitae*  
**Shelly Shoshana Bakst**  
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## **Education**

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**B.S.W.** in Social Work. Hebrew University of Jerusalem, Israel. 1997 – 2000.

**M.S.W.** in Clinical Social Work. Yeshiva University. New York, NY. 2001 – 2002.  
Master's Thesis Title: *The Social Worker within the Organizational Structure*  
Major advisor: Jay Swaifach, Ph.D.

**Ph.D.** in Social Work. Bar Ilan University (Stony Brook University). 2005 – 2010.  
Dissertation Title (via publication track): *Antecedents and Patterns of Suicide Behavior in First Admission Psychosis*  
Major advisors: Jonathan Rabinowitz, Ph.D., and Evelyn J. Bromet, Ph.D.

**Post Doctorate** in Epidemiology. Harvard University, Medical School. 2015 – 2016.

Licensed Clinical Social Worker, **L.C.S.W.** New York (#066746). 2003 – present.

Licensed Social Worker, Israel (#16165). 2000 – present.

## **Appointments**

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Psychotherapist. Private practice.

Tel Aviv, 2014 – present.

Research Scientist. Israel's Center for Disease Control (ICDC), Ministry of Health.

Ramat Gan, 2012 – 2020.

Research Associate. Department of Social Work, Bar Ilan University.

Ramat Gan, 2010 – present.

Lecturer. Department of Nursing, Hebrew University.

Jerusalem, 2010 – 2014.

Director/Founder of the Social Services Department. *Palace Medical Health Center.*

Tel Aviv, 2005 – 2008.

Clinical Social Worker and Supervisor. *The Jewish Home and Hospital.*

New York, 2002 – 2005.

## **Honors and Awards**

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Awarded scholarship for undergraduate studies at Hebrew University and graduated with honors. (2000).

Graduated from Wurzweiler School of Social Work, Yeshiva University, Summa Cum Laude and completed the Master's degree with thesis within ten months. (2002).

Awarded a Doctoral Presidential Fellowship of Excellence, full-scholarship at Bar Ilan University, School of Social Work. (2005 – 2010).

Endowed a Post-doctoral Research-Training Fellowship from Harvard University's Chan School of Public Health. (2015).

Granted research funding from the National Institute of Public Health to test for the causes of underutilization of rehabilitation services among persons with severe mental illnesses in the community. Principal investigator (awarded 85,000\$). (June 2017).

## **Professional development**

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1. Member of Israel's National Committee for rehabilitation in the community of persons with mental disorders. (2016 – 2018).
2. Bio-statistics training. Israel Center for Disease Control. (2015 – 2017).
3. E-Learning: Training for Instructors. Bar Ilan University. (2015 – 2016).
4. Member of Israel's National Committee for Suicide Prevention. (2013 – 2017).
5. E-Learning: Training for Instructors. Bar Ilan University. (2010 – 2012).
6. SPSS Advanced seminar for instructors. (2007 – 2008).
7. Gerontology Training Program. Ministry of Health. (2006 – 2017).
8. Continuing Care Leadership Coalition. Consortium Training. (2004).
9. Geriatric Scholar Certificate. New York University Consortium. (2003).
10. Palliative Care Certification Program. Jewish Home and Hospital. (2002 – 2003).
11. Gestalt Dynamic Group Training Program. Tel-Aviv University. (2000 – 2001).

## **Journal Articles**

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1. **Bakst, S.**, Karolinsky D. Prevalence of Vegetarianism and Lifestyle Correlates in a National Study. *Am J Lifestyle Med*, 2024 Apr 3:15598276241243296. doi: 10.1177/15598276241243296. Epub ahead of print. PMID: 39554964; PMCID: PMC11562321.
2. **Bakst, S.**, Romano, O., Ostrovsky, J., Shohat, T. (2019). Determinants associated with making prenatal screening decisions in a national study. *Journal of Obstetrics and Gynaecology*, 39 (1), 41-48.
3. **Bakst, S.**, Berchenko, Y., Braun, T., Shohat, T. (2018). The effects of publicized suicide deaths on subsequent suicide counts in Israel. *Archives of Suicide Research*, doi: 10.1080/13811118.2018.1456991[Epub ahead of print].
4. **Bakst, S.**, Braun, T., Shohat, T. (2016). The postmortem proxy-based interview—future directions. *Journal of Psychiatric Research*, 75, 46-56.
5. **Bakst, S.**, Braun, T., Zucker, I., Amitai, Z., Shohat, T. (2015). The accuracy of suicide statistics: are true suicide deaths misclassified? *Social Psychiatry and Psychiatric Epidemiology*, 51 (1): 115-123.
6. **Bakst, S.**, Braun, T., Hirshberg, R., Zucker, I., Shohat, T. (2014). Characteristics of suicide completers with a psychiatric diagnosis before death: A postmortem study of 98 cases. *Psychiatry Research*, 220, 556–563.

7. **Bakst, S.**, Rabinowitz, J., Bromet, E.J. (2010). Antecedents and patterns of suicide behavior in first-admission psychosis. *Schizophrenia Bulletin*, 36 (4): 880-889.
8. Levine, S. Z., **Bakst, S.**, & Rabinowitz, J. (2010). Suicide attempts at the time of first admission and during early course schizophrenia: a population-based study. *Psychiatry Research*. 177, 55–59.
9. **Bakst, S.**, Rabinowitz, J., Bromet, E.J. (2009). Is poor premorbid functioning a risk factor for suicide attempts in first-admission psychosis? *Schizophrenia Research*, 116, 210–216.
10. Klonsky, D, Kotov, R., **Bakst, S.**, Rabinowitz, J., Bromet, E.J. (2009). Hopelessness as a predictor of attempted suicide among first admission patients with psychosis: A 10-year cohort study. *Suicide and Life-Threatening Behavior*, 42 (1):1-10.

## Books

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1. **Bakst, S.**, Shohat T, Ifrah A., Keinan-Boker L. (Eds). Health Parameters among the Ethiopian Population in Israel 2018. Israel Center for Disease Control (ICDC), Israel Ministry of Health. Publication 867: 2020. Jerusalem, Israel. (Hebrew)

## Poster presentations

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1. **Bakst, S.**, Ifra, A., Keinan-Boker, L., Shohat, T. (2019). Psychological factors associated with vegetarianism in a national study. Presented at the 8th International Conference on Health and Diet.
2. **Bakst, S.**, Ifra, A., Keinan-Boker, L., Shohat, T. (2017). Is a healthy living style associated with wellness and mortality rates-what do we know? findings from a population based study. Presented at the 6th International Conference on Health and Diet.
3. **Bakst, S.**, Braun, T., Shohat, T. (2017). The influence of publicized suicides on suicide rates in a national study—Is there evidence for a “Werther effect”? Presented at the 23rd International Conference on Trauma and Mental Health.
4. Goldberg, N., **Bakst, S.**, Kreger, H., Haklai, T. (2017). Fluctuations in suicide attempts following famous suicides. Presented at the 3rd National Annual Conference on Suicide Prevention.
5. **Bakst, S.**, Braun, T., Shohat, T. (2016). The under-enumeration of true suicide counts—in a national study. Presented at the 2nd National Annual Conference on Suicide Prevention.
6. **Bakst, S.**, Braun, T., Shohat, T. (2015). A postmortem study using the Psychological Autopsy. Presented at the 18th European Symposium for Suicide and Suicidal behavior.

7. **Bakst, S.** (2012). Premorbid functioning and trajectories to suicide. Presented at the 15th European Symposium for Suicide and Suicidal behavior.

## **Talks and Symposia**

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1. **Bakst, S.** (2019). Presentation entitled: *The Ethiopian Population in Israel*. Sheba Medical Center.
2. **Bakst, S.** (2018). Presentation entitled: *Suicide attempts reports in the media-contagion*. Sheba Medical Center.
3. **Bakst, S.** (2017). Presentation entitled: *The undercounting of suicide and the causes for this phenomenon a comparison across nations*. Sheba Medical Center.
4. **Bakst, S.** (2016). Presentation entitled: *The future of psychological autopsy studies—innovative applications*. The National Symposium for Suicide and Suicidal behavior. Tel Aviv, Israel.
5. **Bakst, S.** (2016). Presentation entitled: *Coroner versus Medical Examiner to assess suicide deaths*. Gertner Institute, Sheba Medical Center.
6. **Bakst, S.** (2015). Presentation entitled: *Assessing the accuracy of suicide statistics in Israel—preliminary findings, conclusions, and future directions*. Presented at the Israeli Suicide Research Symposium “Understanding in order to Prevent” and also presented at Israel’s National Suicide Prevention Committee.
7. **Bakst, S.** (2014). *The clinical utility of self-assessed well-being instruments in predicting suicide behavior among persons with early episode psychosis*. Lecture presented at: The Mental Health Commission of Canada (MHCC) Virtual Conference “Conversations about Community, Collaboration and Hope”.
8. **Bakst, S.** (2012). Presentation entitled: *Antecedents and Patterns of suicide behavior in first episode psychosis*. The 15th European Symposium for Suicide and Suicidal behavior. Tel Aviv, Israel.
9. **Bakst, S.** (2011). Presentation entitled: *Suicidality in early episode psychosis*. Bar Ilan University. Ramat Gan, Israel.

## **Ad Hoc Reviewer**

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BMJ Psychiatry

The American Journal of Public Health

The Journal of Behavioral Health

Psychiatry Research

Behavior Research and Therapy

Suicide and Life-Threatening Behavior

Psychological Medicine

Plos-One

## **Specializations**

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Data Analyst (SPSS, STATA)

E-teaching, site creator (content selection, designing, and management)

Professional translator (English, Hebrew)

Military Service, Israel Defence Force (IDF). Intelligence. Rank: Non-Commission Officer (NCO)